

Causes of Success of Leo Clinic

There are many reasons for the high success rate in Leo Clinic. We shall let Dr Nancy say it in her own words!!

Cancer

According to my research, most causes of cancer are genetic in nature e.g. parents to children and grand children. It is only rarely that this is not so. Such cases have been successfully treated by me in large numbers. This is based on the following ground rules:

- Ø Early detection and prevention of a worsening situation.
- Ø Early detection or investigation of diseases like leukemia, HIV, Elisa TB etc.

In Bangalore as also in many places in West Bengal, I noted that many cancer cases were genetic in nature. I have successfully treated these including Elisa TB, leukemia (blood cancer) and many terminal stages of cancer.

For example (see the testimonial on this web site):

Mr Ziauddin, of 80 years of age was suffering from lymphoma in the liver. I used my own techniques to treat him, viz. magneto therapy, acupuncture as well as acupressure. However, though these are well known therapies, I developed my own adaptation of these. For example, after acupuncture treatment, I immediately followed it up with a massage of the acupuncture points based on the well known Japanese *Shiatsu* technique. *Shiatsu* was developed in Japan in the early part of the 20th century (*she* means finger and *atsu* means pressure). This is also called *Shiatsu* acupressure.

Shiatsu is an oriental massage in which the 361 *tsubas* also called as acupuncture and pressure points are massaged. These points are located in the body's muscular system along the body's 14 meridians or channels, where nerves hurt or feel uncomfortable. This happens when the flow of energy (*qi*) through the body is blocked. (For more details on *qi*, please see the section on acupuncture).

Shiatsu acupressure can release pain and tension, arthritis, headaches, hemorrhoids, menstrual cramps, impotence, frigidity etc.

I also included Chinese osteopathy in the treatment course. This helps due to the breaking down of adhesions, restoring thereby full mobility, stretching contracting tissue and benefiting the full flow of *qi* energy.

I also carry out massaging using my own tool developed by me. This imparts wavelike movements during massage and stimulates the *tsuba* points. This tool ensures that no point is missed during massage. This massage allows free flow of *qi* energy, and consequently reduces pain at the various points which were hurting earlier.

It will be appreciated that this whole treatment with the acupuncture followed by the various massages takes a full 30 to 45 minutes per patient. On completion of this therapy, I use Chinese herbal therapy based on an herb called *moxas*. This technique is called *moxibustion* and involves igniting the *moxas* applied directly or indirectly to the acupuncture points as a form of treatment. This provides the psychological response of the body to heat and has been well documented. The initial constriction of the local blood vessel is dilated, thus bringing about an increase in blood supply to the affected area.

I found that most of my patients benefited immensely from this elaborate system of treatment by improving the flow of *qi* energy and removing the toxins and consequently releasing pain and leading to smoothening of the nerves.

Heart Ailments

I have successfully treated cases of *angina pectoris*. *Angina pectoris* is caused due to the hardening and narrowing of the walls of the coronary arteries, inflammation of the muscles of the heart and by syphilis. It usually occurs between 40 to 70 years of age and (as I found out) is more common in men.

Hypertension

I have successfully treated hypertension. There are two types of hypertension:

- a) Primary
- b) Secondary

Primary: There is no cause for this. It occurs in patients mainly above 30 years.

Symptoms: Headache, dizziness, lack of sleep and numbness of limbs. Most of the patients have an imbalance in the ratio of neuro transmitters in the brain. I have treated this ailment successfully.

Secondary hypertension is caused by nephritis, inflammation of the kidneys, and toxemia in pregnancy and endocrine disorders. This is not treated by acupuncture but by other systems of treatment like *Shiatsu* and foot reflexology. I have successfully treated these cases also.

Hypotension

Hypotension is when a person feels very low, does not feel like getting up from bed and does not feel like working. The patient also complains of cold sweat, dizziness and general fatigue. Palpitation of the heart is common. Pressure is always recorded as very low. I have treated these cases also successfully.

Diseases of Muscles, Bones and Joints

Osteoarthritis, rheumatoid arthritis, spondylosis, stiffneckness, low back ache, slipped disk, frozen shoulder and calcaneal spur are the most common problems relating to muscles, bones and joints. I have treated these with the whole system of treatment (“holistic”) successfully. Many patients came on a wheel chair and are now moving around without them and going about their daily work.

Disease of the Nervous System

Migraines, epilepsy, trigeminal neuralgia, paralysis in children and hemiplegia belong to this category. I have treated this “holistically” and successfully.

Parkinson’s Disease

It is a disease with symptoms of “pill rolling” tremors, involving the thumb and index finger of wrist, in a full blown disease. The facial expression is fixed, the eyes unblinking and staring, mouth slightly open and facial skin greasy. Other symptoms include gait and postural abnormalities, rigidity and speech difficulties. I have found this most common between 50 to 60 years of age. I have treated these cases also successfully.

Chronic Sinusitis

This is a common ailment characterized by headache and tenderness of the sinus which occurs when sinuses get blocked and eventually infected. The nasal mucosa is red and yellow and green with purulent discharge being present. I diagnose details of this disease using X-rays, sonography etc and other detailed investigations. I have successfully treated this disease.

I found that most of the causes of lowering of the *qi* energy in the body especially after 40 or 50 years aged people are due to consuming unwanted food and consuming medicines without doctor’s advice. It damages the organs and weakens the nervous system. This sort of behavior obstructs the flow of *qi* energy. I advise anyone taking my treatment to follow a strict diet as prescribed by me based on my investigations of the disease being treated. Diet itself can cure 50% of the disease. I also tailor my therapy based on the patient and the disease being treated.

Conclusion

The total human system of treatment aims at balance. Improving *qi* energy flow raises a person’s immunity, resistance to infection and restores the patient’s health.